

Proudly Announces the Physician, Midwife or Nurse Practitioner of the Month for May 2022

Dr. Mathilde “Tilly” Buys

Anaesthesiology



The VJHPS is pleased to announce **Dr. Tilly Buys as May's 2022 Physician of the Month**. We salute Dr. Buys for exemplifying the qualities of an excellent physician, and we are pleased to have her as a respected member of our medical staff community.

Background and Training

MD: Stellenbosch, South Africa

Residency: University of Stellenbosch

Fellowship: Cardiac anaesthesiology, University of Toronto

Nominator's Comments (Dr. David Spicer):

Growing up in a house of medicine (her father was an internist) Dr. Tilly Buys had early exposure/interest in medicine as a career. This was further solidified by reading medical thrillers most notably Robin Cook as a young teenager. In my opinion, she should have chosen to follow her father's medical path, (FYI written by Dave Spicer), but she settled on pursuing a career in anaesthesiology.

Tilly completed medical school at Stellenbosch in South Africa. She went on to complete residency at Stellenbosch, then made the long journey to Canada where she completed an advanced fellowship in cardiac anesthesiology at the University of Toronto which she completed in 2018.

Tilly and her husband Willem (also an anesthesiologist) decided to hang their shingles in Vernon, relocating here in March of 2019. Since moving here they have welcomed their first child, Louisa who is not described as a “16-month old tornado.” Outside of working and chasing Louisa around her house, Tilly enjoys cooking, reading, sewing, and knitting. She also recently completed her first half-marathon and is starting to dabble in trail running. True to her South African roots the one meal that she would choose would be a big braai (South African BBQ) with friends and good wine, and the number one place she would teleport to would be Cape Town.

Tilly has been instrumental in setting up the peri-operative clinic in Vernon which is where I met and worked with her. She is hard working, dedicated, and always looking to improve overall care in our hospital. She listed the favorite part of her job as working with all the amazing people involved with surgical service delivery in Vernon. A special shout out was given to Amanda Korb, and her husband Willem who bring her chocolate and tea.

Congratulations Tilly on being our Physician of the Month!
